



Goetheanum

School of Spiritual Science · Medical Section
Internatcional Coordination Anthroposophic Medicine / IKAM

Head: Dr. med. Matthias Girke
Deputy Head: Georg Soldner

Questions for Therapists in the Fields of Psychotherapy, Art Therapy, Eurythmy Therapy and Body Therapy

Dear Colleagues

Our collaboration in the Medical Section will focus on five **Care Areas** in the coming five years: **1)** Pregnancy, birth and early childhood, living with disabilities, **2)** Fever, febrile infections and the growing resistance to antibiotics, **3)** Anxiety, sleep disorders, trauma and trauma sequelae, **4)** Cancer, **5)** Chronic pain, palliative care, dealing with death and dying. In order to do justice to the many aspects to be covered in each area (concepts, teaching, research and practical application) the leadership of the Section and IKAM are organizing multidisciplinary teams for each one.

Here we would like to request your answers to the following questions, so that we can form a picture of your experience and areas of focus, and then possibly approach you directly. Please choose one of the care areas that best corresponds to your experience. The coordinator of the care area will naturally treat your answers as confidential.

With warm thanks for your cooperation!

Dr. med. Hartmut Horn, Ellen Keller, Kirstin Kaiser, Aglaja Graf and Elma Pressel

1. In which of the above care areas do you have particular knowledge and skills? Please choose only 1 care area as the basis for your answers below.

2. Your contact information

First name: Last name:

Adress:

Email: Tel.:

3. In what kind of work are you active as a therapist?

4. Are you involved in interdisciplinary collaboration and, if yes, with which professional groups?

5. What are the illnesses/symptoms with which you have gathered special therapeutic experience or knowledge?

6. Did you acquire or deepen the knowledge and experience noted under item 5 via training or further training? If yes, please name the qualification.

7. Have you acquired expert understanding or know-how in the area of knowledge and experience noted under item 5? (e.g., as a lecturer, author?)

8. Have you developed your own concepts and treatments in the area of knowledge and experience noted under item 5?

9. Are there specific projects or studies relevant to your own concepts and treatments noted under item 8?

10. Is there any reading that you recommend relevant to items 5 and 7?

Remarks: